





LUNCH

OUR MENU IS INTENDED TO BE EXPLORED AND SHARED WITH FRIENDS AND FAMILY ALIKE. CHOOSE ANY NUMBER OF DISHES THAT SUIT YOUR MOOD AND TASTES.



MONDAY

Seafood Paella

TUESDAY

Frittata

WEDNESDAY

Spanakopita

THURSDAY Baked Pasta

FRIDAY

Psari & Potatoes

LIMITED QUANTITIES

THE RAW BAR

OYSTERS MP

(1/2 Dozen) Depending on the market selection

SALMON TARTARE 17 chili / shallot / cilantro

AHITUNA 19 sashimi - shoyu / dill / sesame seeds / evoo

CEVICHE 22

paired with fresh herbs gigantes beans / feta cheese

HYDRA FAVORITES

FORNO FLATBREAD

GRILLED SHRIMP fresh fire-grilled shrimp / infused with ouzo

19

HYDRA SPECIAL

16

SAGANAKI

21

paper thin fried zucchini / eggplant tzatziki

18 cheese saganaki / lemon

VILLAGE PLATTER

fresh pita / marinated olives feta / fire-roasted tomato

GRILLED OCTOPUS

lemon / oregano / olive oil parsley

SALADS

TOMATO SALAD 19 vine-ripened tomatoes / feta

GREEN SALAD

hearts of romaine / scallions / dill hydra dressing

ORGANIC HEIRLOOM BEETS heirloom leafy beets / red-wine vinegar extra virgin olive oil

THE BIG SALAD local greens / feta / chick peas / tomato cucumber / olives / lemon tahini vinaigrette

ADD CHICKEN OR SALMON TO ANY SALAD +10

HYDRA PLATTERS

SPREADS 10 EACH I SERVED WITH PITA BREAD | ADD CRUDITÉ 3

MELITZANA | TARAMA | TZATZIKI | HUMMUS

SPREADS PLATTER - ALL SPREADS 30 1

Choose from today's fresh selection of seafood from the Aegean & Salish Seas and world's oceans, on display at the Raw Bar. Served with greek fried potatoes, and sautéed greens.

WHOLE FISH IN SEA SALT MP

cooked in the oven with herbs

36

GRILLED WHOLE FISH MP

with olive oil & lemon sauce

WHOLE FORNO ROASTED CHICKEN 48

marinated with herbs & lemon

FORNO ROASTED WHOLE LEG OF LAMB 89

marinated with oregano and lemon / carved in the kitchen and served with natural drippings

FOR THE TABLE

GRILLED VEGETABLES fresh peppers / onion / egaplant / zucchini

haloumi / hydra vinaigrette

HYDRA PATATES oven-roasted oregano / lemon

SPANAKOPITA traditional filo pies with spinach / feta / dill

BRUSSELS SPROUTS pasted brussels sprouts with bacon & lemon



AHITUNA

FROM THE OCEAN

13

SERVED WITH OVEN FRIED POTATOES & FIRE ROASTED VEGETABLES

PACIFIC SALMON 34 pan roasted / dill / lemon sauce

eared ahi tuna / caper berries / fennel cream FROM THE OLD COUNTRY

26 traditional baked casserole of spiced lamb & beef / eggplant / potato & yogurt béchamel

GRILLED ANGUS NEW YORK STEAK SOUVLAKI 36 marinated in olive oil / garlic / peppers / herbs

GRILLED ORGANIC CHICKEN SOUVLAKI marinated in olive oil / garlic / peppers / herbs

FROM THE LAND

SERVED WITH OVEN FRIED POTATOES & FIRE ROASTED VEGETABLES

THE BURGER 20 chicken breast / artichoke-arugula slaw red pepper spread / fries

LAMB CHOPS broiled fresh spring lamb rib chops / aged vinegar drizzle $\ensuremath{^{42}}$

BEEF TENDERLOIN char-grilled / braised garlic sauce

